

## NEW

# TruShot<sup>™</sup> with Y-Knot<sup>®</sup>

## All-In-One Soft Tissue Fixation System for Small Joint

The NEW TruShot<sup>™</sup> with Y-Knot<sup>®</sup> features strong<sup>1</sup> all-suture anchors, an all-in-one delivery system to simplify anchor placement, and TruShot<sup>™</sup> with Y-Knot<sup>®</sup> Shallow configurations that boast a shallow 10mm tunnel.











To learn more about these and other innovative products, call **800-237-0169** or visit **CONMED.com**.

ECONMED

<sup>1</sup> Data on File; TR18-00573.

### TRUSHOT™ WITH Y-KNOT® **FIXATION SYSTEM**



**CROWN TIP DRILL GUIDE** Designed to ensure maximum grip on bone surface

NEW Introducing TruShot™ with Y-Knot®

# A Big Innovation for Small Joint Procedures

To help surgeons have an easier day in the OR, CONMED engaged with some of the world's most renowned small joint surgeons to develop the TruShot<sup>™</sup> with Y-Knot<sup>®</sup> System.

**Shallow Anchor Deployment Button** 5 #2-0 **Crowned Drill Guide Tip** 80 Configuration Identifier

CONMED's TruShot all-in-one deployment technology is redefining efficiency and accuracy in the OR.

By eliminating unnecessary steps, this system simplifies anchor placement while the small all-suture anchors provide the strong<sup>1</sup> fixation surgeons need. TruShot's simple all-in-one technique offers surgeons a solution that works exactly the way they want it to.



#### TRUSHOT™ WITH Y-KNOT® FIXATION SYSTEM



SHALLOW 10MM DRILL DEPTH

# Why TruShot<sup>™</sup> with Y-Knot<sup>®</sup> for Small Joint?

#### All-In-One Delivery Eliminates Unnecessary Steps and Extra Time

- Drill guide, drill bit and anchor are combined into an easy-to-use delivery system
- Reduces the risk of misalignment during drilling and anchor insertion

#### **Shallow Anchor Deployment Technology**

- The configuration of the Y-Knot<sup>®</sup> Shallow anchor requires only 10mm of tunnel depth
- Unique deployment mechanism deploys the anchor at the bottom of the tunnel to ensure secure fixation
- · Allows anchor placement in areas of limited bone depth



TruShot confers a major advantage over what is available in the market today. Most anchors are not designed for small joints and require a large hole or implant size that is impractical for fixation in small joints.\*

- Pradeep Alexander, M.D. - Toronto, Ontario Canada

#### CONMED Hi-Fi° Suture: A Less Abrasive Option

When compared to a leading competitor, Hi-Fi<sup>®</sup> provides an advantage over FiberWire<sup>®</sup> in terms of abrasiveness.



# TruShot<sup>™</sup> with Y-Knot<sup>®</sup> by the Numbers

#### Strong Fixation with Less Bone Removal and No Hard Anchors Left Behind

- Strong all-suture construct provides excellent fixation
   strength<sup>1</sup>
- Small size can help improve placement options when bone real estate is limited
- Eliminates the worry of leaving behind hard anchors in the joint

#### TRUSHOT™ WITH Y-KNOT® FIXATION SYSTEM



Y-KNOT® ANCHOR FOR STRONG FIXATION



#### Average Peak Tensile Load (N)<sup>2</sup>





## How it Works - Four Simple Steps:

Deployment for TruShot<sup>™</sup> with Y-Knot<sup>®</sup> Shallow Anchors: (S #0, S #2-0)



Using a wire driver, drill your tunnel using TruShot's built-in drill bit, then remove drill bit.



*Gently mallet TruShot's built-in anchor cartridge to insert the Y-Knot anchor.* 



Use the trigger to deploy the anchor, an audible click will confirm deployment.



Remove sutures and needles from device, then remove the device. Apply tension to confirm fixation.

## "

The TruShot with Y-Knot is drilled and placed using a single device. The simplicity allows for optimal placement of the drill tunnels, there is not metal, and the pull-out strength of the device is outstanding.\*

- Randy Viola, M.D. - Vail, CO

## TruShot<sup>™</sup> with Y-Knot<sup>®</sup> Indications: Upper & Lower Extremities

This system is ideal for soft tissue fixation procedures of the hand & wrist, elbow, and foot & ankle including:

#### HAND & WRIST

Collateral Ligament Repair
Extensor Tendon Repair

Scapholunate Ligament Repair

#### ELBOW

- Biceps Repair
- Collateral Ligament Repair
- Epicondyle Repair

#### FOOT & ANKLE

- Achilles Repair
- Ankle Stabilization

	TRUSHOT 1.3mm	<b>TRUSHOT</b> 1.8mm	TRUSHOT S#0 1.7mm	TRUSHOT S#2-0 1.7mm
Suture Size	#2	#2	#0	#2-0
Drill Diameter	1.3mm	1.8mm	1.7mm	1.7mm
Drill Depth	20mm	20 mm	10 mm	10 mm
Hand & Wrist				
Collateral Ligament Repair			X	X
Extensor Tendon Repair				X
Scapholunate Repair			X	X
Elbow				
Biceps Repair	X	X	X	
Collateral Ligament Repair	X	X	X	
Epicondyle Repair	X	X	X	
Foot & Ankle				
Achilles Repair	X	x		
Ankle Stabilization	X	X	X	



#### TRUSHOT™ WITH Y-KNOT® FIXATION SYSTEM

To simplify your soft tissue fixation technique and try TruShot<sup>™</sup> with Y-Knot<sup>®</sup> in your next case, visit **CONMED.com/TruShot** for more information.



TRUSHOT™ WITH Y-KNOT® FIXATION SYSTEM

### Ordering Information

0							
Description	Drill Diameter	Drill Depth	Suture Size	Catalog Number			
TruShot <sup>™</sup> with Y-Knot <sup>®</sup> Shallow All-Suture Anchor with Needles							
TruShot™ with Y-Knot®	1.7mm	10mm	one-#0 (3.5 metric) Hi-Fi® Suture w/Needles	YSTNO			
TruShot <sup>™</sup> with Y-Knot <sup>®</sup>	1.7mm	10mm	one-#2-0 (3 metric) Hi-Fi® Suture w/Needles	YSTN20			
TruShot <sup>™</sup> with Y-Knot <sup>®</sup> All-Suture Anchor with Needles							
TruShot <sup>™</sup> with Y-Knot <sup>®</sup>	1.3mm	20mm	one-#2 (5 metric) Hi-Fi® Suture w/Needles	Y13TN			
TruShot <sup>™</sup> with Y-Knot <sup>®</sup>	1.8mm	20mm	two-#2 (5 metric) Hi-Fi® Sutures w/Needles	Y18TN			

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