## **CHEAT SHEET**

## SutureLoop™ Whip Stitch Technique

Graft preparation using the SutureLoop Whip Stitching technique significantly reduces graft preparation time. The #2 Hi-Fi<sup>®</sup> SutureLoop is offered with options for straight or curved needles.





Secure one end of the double or single soft tissue graft bundle to the graft prep table. Hold the opposite end of the graft by hand or using a clamp so that the graft end can be easily passed through the suture loop.



Pass the center of the SutureLoop over the free end of the graft and position it at the desired proximal starting point.



Pass the needle through the graft.



Tension the stitches.



Spread the SutureLoop strands and pass the graft tail through the loop.



Pass the needle through the graft distal to the first stitches. Continue stitching toward the end of the graft.



Continue the process stitching toward the end of the graft until the desired whip stitch length.

Cut the needle off leaving free ends or leaving tails braided together.

## View video: ConMed.com/mobile/videos/SutureLoop\_WhipStitching\_STV.html